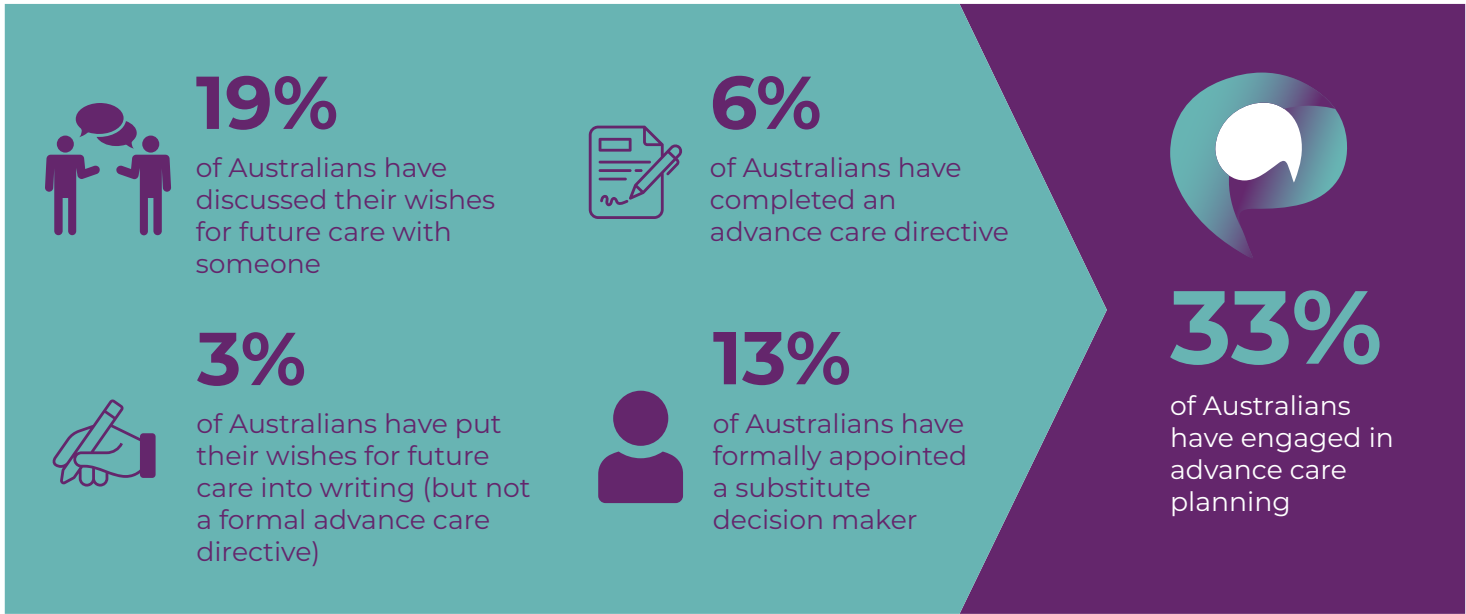


How many Australians have done some kind of advance care planning?



Who do Australians talk to?

Partner / spouse	60%
Adult child(ren)	29%
Parent(s)	18%



How aware / familiar are Australians with advance care planning terms?

Substitute decision-maker roles (such as Enduring Guardian, Medical Treatment Decision Maker)	67%
Advance care planning documents (such as advance care directives)	64%
The term “advance care planning”	30%

What is stopping Australians from doing advance care planning?



What do people talk about?



51%

Medical treatments I do or don't want



46%

My wishes and preferences for my future health care



36%

Important documents



35%

The things that are important for me when I am close to the end of life



Why do Australians do advance care planning?

51%

It gives me peace of mind

40%

I want to make sure everything is taken care of / I like being prepared

44%

I want to ease the burden for my friend(s) or family

36%

It will help doctors and nurses to make the right decisions for me

35%

It will help my substitute decision makers to make the right decisions for me

How do Australians feel about advance care planning?



82%

agree advance care planning can help others make the right decisions for you



79%

agree advance care planning can help reduce confusion, stress and anxiety



73%

agree they are open to talking about advance care planning



Advance Care Planning Australia
An Australian Government initiative

The advance care planning national prevalence study was a quantitative online survey with a sample of 3,390 Australians adults conducted in February-March 2025. Results have been weighted to be representative of the Australian adult population by age, gender, and state/territory.

Further details can be found at Advance Care Planning Australia: www.advancecareplanning.org.au

For information purposes only.