



# Conversation starters

The most important things in my life

## About me

Being able to .....  
is the most important  
thing to me because  
.....

I was thinking about  
what happened to  
..... and it made me  
realise .....

As part of my culture,  
values and beliefs .....  
is important to me  
because .....

## About life

A good day for me  
is one where I .....  
because .....

What I value and  
enjoy most in my life  
is ..... because .....

The most important  
things on my bucket  
list are .....

## About health care

I would prefer to  
receive my health care  
at ..... because .....

When ..... happens  
I get worried about my  
health care because  
.....

I would want these  
people ..... included  
in discussions about  
my health.

## About choices

An unacceptable  
health outcome for  
me would be .....  
because .....

I would not want .....  
treatments if there  
was little chance of  
recovery because .....

If I was choosing  
between quantity and  
quality of life, I would  
choose ..... because .....

For personalised, specialist advice call the free  
National Advance Care Planning Support Service™

☎ **1300 208 582**

9am-5pm (AEST/AEDT) Monday to Friday  
[advancecareplanning.org.au](http://advancecareplanning.org.au)

**Advance Care  
Planning Australia**

BE OPEN | BE READY | BE HEARD

