

Game: True or false

1. An advance care directive ensures your preferences, beliefs and values about health care are known.

Answer - _____

2. An advance care directive is only used for end-of-life care.

Answer - _____

3. An advance care directive is only used for those over the age of 65.

Answer - _____

4. An advance care plan can alleviate anxiety and stress for both the substitute decision-maker(s) and health care professionals responsible for your care.

Answer - _____

5. Only a family member can be appointed as a substitute decision-maker.

Answer - _____

6. Once you complete an advance care plan it is set in stone.

Answer - _____

7. When you have completed an advance care plan you should provide a copy to your family, substitute decision maker and health professionals involved with your care.

Answer - _____

8. Thinking about what matters the most to you is the start of creating an advance care directive.

Answer - _____