



**National Advance Care
Planning Week**
23-27 March 2020

Game: Would you rather...

This game is an ice-breaker designed to help attendees get comfortable before starting conversations about their values and beliefs.

Instructions

This game can be played standing up or sitting down. Present each question and instruct attendees to choose which they prefer. Select a couple of attendees to explain why they chose their option.

We have provided a selection of questions below to get you started but feel free to create some of your own.

Questions

Warm up questions:

Would you rather...

- Beach or country side
- Drama or comedy
- Cooking or cleaning

Thought provoking questions:

Would you rather...

- Start life at 12 with all the knowledge you have now or jump to 60 years old with \$10 million in the bank?
- Lose all of your money and valuables or all of the pictures you have ever taken?
- Live in the wilderness far from civilization or live on the streets of a city as a homeless person?
- Be alone for the rest of your life or always be surrounded by annoying people?
- Have a horrible job, but be able to retire comfortably in 10 years or have your dream job, but have to work until the day you die?
- Find your true love or a suitcase with \$5 million dollars inside?
- Always have to say everything on your mind or never speak again?
- Be completely well until you die at aged 60 or live to 85 but with a debilitating illness.