

COVID-19 Conversation Starters – for individuals, families and loved ones

- The COVID-19 situation has made me think about what health care I would want if I got really sick, can we talk about this?
- It's important to me that I can make choices about my future health care. Can I tell you about my preferences and what I want and don't want?
- I have just updated my Will and it has made me think about my future health care and who's going to make decisions, I would like to chat with you about this.
- Now that I have been diagnosed with this condition, I want to make sure that we know each other's preferences for care. Can we talk about this?
- Can we talk about your health and the COVID-19 situation? I want to know more about what's important to you.
- If you became sick and I had to make medical treatment decisions for you, what would you want me to say or do?
- Would you be willing to be my substitute decision-maker, if I can't make my own medical treatment decisions?
- There may come a time where you become too sick to make your own medical treatment decisions. It would be a good idea to be prepared and to choose the person you would like to be your substitute decision-maker.
- The news reports about people getting COVID is pretty scary. I want to talk to you about what I would want to happen if I got sick.